

21 DAYS — OF PRAYER & FASTING —

MARCH 15 - APRIL 4, 2026

MAKING ROOM FOR GOD
TO WORK IN AND THROUGH
OUR LIVES



**FULTONDALE
FIRST BAPTIST**



MAKING ROOM

For the next 21 days, we are intentionally making room for God to work in us so He can work through us.

Fasting is not about earning anything from God. It is about removing distractions so we can hear Him clearly, follow Him quickly, and care about what He cares about.

As Easter approaches, we are asking God to prepare us to reach one more person with the hope of Jesus.

Each day, ask God to:

1. Shape your heart.
2. Open your eyes to people.
3. Use your life.

Daily Rhythm

Each day:

- Read the Scripture.
- Pray honestly.
- Pray for specific people by name.
- Ask: **Who is my one more?**

Fasting

Why do we fast? Simply put, the goal of fasting is to turn ourselves from worldly things and set our minds and hearts fully on God. It is not a way to manipulate God or coerce him to hear and answer our prayers, but rather it acknowledges our complete dependence on him. Fasting awakens us to the reality that we are so often driven by our fleshly desires and appetites. It humbles us and awakens us to our great need for and reliance on God. As you consider fasting, we want to encourage you to listen to the Holy Spirit. Ask God to lead you in this time of seeking his face. Whether you choose to fast for one day, several days, or the entire 21 days, the point is to humble yourself in a new way and draw near to God. Here are some ideas of what you could choose.

- **Selective Fast** – Eliminating certain things from your diet. Eating only fruits and vegetables, what some might call a “Daniel fast,” is an example of this type of fasting.
- **Partial Fast** - Refraining from eating for a set period of time each day. You could choose to fast from a single meal or from sunup to sundown.
- **Complete Fast** - Refraining from eating and only drinking liquids for particular days or even an extended period of time.
- **Non-Food Fast** - If fasting from food is not possible, you may feel led by the Lord to fast from something else, such as social media, television, or certain times or activities on your cell phone.

Prayer

Praying is like spiritual breathing, essential for our life in God. As we meditate on God’s Word, we breathe in the promises and purposes of God. In prayer, we breathe out, responding to God’s Word to us. Each day in this guide, there will be one verse and a simple prayer response for you to guide your praying.

Throughout the 21 days, you will be praying for specific areas in your life, our church, and our mission. Together, let’s put our faith into action, trusting in the

promises of God for us and our church. Below are some helpful tips on how to make the most of this guide.

- Commit to a specific time each day to devote to prayer. Find a place where you can be free of distractions and be alone with God.
- Use the prayer points and Scripture in this guide to focus and fuel your praying.
- You can take it a step further by journaling your prayers each day, simply writing out your prayers to God. It's a great opportunity to hide God's Word in your heart, working to memorize the verses as you meditate and pray.
- In addition, you may consider ways to pray with others during this season. Set up a call with friends or members of your Life Group. Pray together as a family.

Church family, let's earnestly seek the face of God with great expectation as we wait for his guidance and instruction through these 21 days of fasting and prayer.

*Call to me and I will answer you and tell you great and unsearchable things you do not know. - **Jeremiah 33:3***

WEEK 1 — GOD, CHANGE ME

Day 1 — Start With Surrender

I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship.

Romans 12:1

Before God works through us, He reshapes us. We often want God to change our situation while we remain unchanged. But surrender is where renewal begins. When we offer ourselves fully to God — our time, habits, attitudes, and priorities — we position ourselves to be used by Him. These 21 days begin not with activity, but with availability.

Pray:

“God, I give You my routines, my attention, and my plans. Change me first.”

Preparing for One More:

Write down one area of life you need to surrender during this season.

Day 2 — Learning Dependence

*I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing. **John 15:5***

Jesus reminds us that spiritual fruit does not come from effort alone but from connection to Him. We can fill our days with work, ministry, and responsibility yet still operate disconnected from His power. Fasting exposes how much we rely on ourselves. Dependence is not weakness — it is the way Jesus designed us to live.

Pray:

“Jesus, teach me to rely on You instead of myself.”

Preparing for One More:

Pause today to intentionally acknowledge your need for God.

Day 3 — A Clean Heart

Create in me a clean heart, O God, and renew a right spirit within me. Psalm 51:10

Distractions are not always external; sometimes they live inside us. Sin dulls our sensitivity to God and to people. Confession is not about guilt — it is about clearing space for renewed fellowship. When our hearts are clean, we begin to notice what God is doing again.

Pray:

“Search me and remove anything that is hindering my walk with You.”

Preparing for One More:

Ask God to make you aware of attitudes or habits that need to change.

Day 4 — A New Hunger

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. Matthew 5:6

We all hunger for something — success, comfort, approval, control. Fasting redirects that hunger toward God. Physical reminders of hunger can become invitations to pray, “God, I want You more.” When our deepest desire becomes knowing Him, our lives begin to align with His purposes.

Pray:

“Give me a deeper desire for You than for comfort.”

Preparing for One More:

Let every moment of hunger today trigger prayer for someone who needs Jesus.

Day 5 — Slowing Down to Hear God

*Be still, and know that I am God. I will be exalted among the nations, I will be exalted in the earth! **Psalm 46:10***

Noise is one of the greatest obstacles to spiritual awareness. We rush, scroll, react, and move without ever becoming still enough to listen. God is not absent; we are often just too distracted to notice Him. Stillness is an act of trust — believing that God is at work even when we pause.

Pray:

“Help me quiet my life so I can hear You.”

Preparing for One More:

Spend 10 uninterrupted minutes in silence before God.

Day 6 — Returning to Your First Love

*But I have this against you, that you have abandoned the love you had at first. Remember therefore from where you have fallen; repent, and do the works you did at first. If not, I will come to you and remove your lampstand from its place, unless you repent. **Revelation 2:4-5***

It is possible to stay busy with spiritual things while losing the warmth of our relationship with Jesus. Over time, faith can become routine instead of relational. Jesus calls us back, not to more activity, but to renewed love. When we love Him deeply again, loving people becomes natural.

Pray:

“Restore my joy in walking with You.”

Preparing for One More:

Thank God specifically for saving you and changing your life.

Day 7 — Simply Available

And I heard the voice of the Lord saying, “Whom shall I send, and who will go for us?” Then I said, “Here I am! Send me.” **Isaiah 6:8**

God is not looking for perfect people — He is looking for willing ones. Isaiah did not offer a detailed plan; he simply said yes. Availability is often the missing step between belief and obedience. As we finish this first week, we place ourselves in God’s hands.

Pray:

“Here I am. Use me however You want.”

Preparing for One More:

Tell God you are willing to have spiritual conversations if He opens the door.

WEEK 2 — GOD, OPEN MY EYES

Day 8 — Seeing People the Way Jesus Does

*When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. **Matthew 9:36***

Jesus didn't just see crowds; He saw individuals who were hurting, confused, and spiritually lost. We often move past people without really noticing them. Ask God to interrupt your normal patterns and help you see people not as obstacles in your day, but as souls He loves deeply.

Pray:

"Help me see people the way You see them."

Preparing for One More:

Slow down enough today to truly notice someone you normally overlook.

Day 9 — A Heart of Compassion

*Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience... **Colossians 3:12***

Compassion is not personality-driven; it is Spirit-formed. God shapes our hearts as we spend time with Him. The more we remember His grace toward us, the more patient and caring we become toward others.

Pray:

"Fill my heart with Your compassion."

Preparing for One More:

Do one intentional act of kindness for someone today.

Day 10 — Praying by Name

First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all people... 1 Timothy 2:1

Prayer prepares the way for spiritual conversations long before they happen. When we pray for people by name, we begin to carry a burden for them. God often uses those prayers to open doors we could never create ourselves.

Pray:

Lift up the specific people God has placed on your heart.

Preparing for One More:

Write down 2–3 names and pray for them every day this week.

Day 11 — Courage to Speak

And now, Lord, look upon their threats and grant to your servants to continue to speak your word with all boldness... Acts 4:29

Most believers don't struggle with believing the gospel — we struggle with saying something. Boldness is not loudness; it is simple obedience. God does not ask us to force conversations, only to be faithful when opportunities arise.

Pray:

“Give me courage to speak naturally about Jesus.”

Preparing for One More:

Be willing to mention your faith if the moment opens.

Day 12 — Love in Action

Little children, let us not love in word or talk but in deed and in truth. 1 John 3:18

Before people listen to what we say, they often watch how we live. Genuine care builds trust. Small acts of love can open hearts to deeper conversations later.

Pray:

“Show me how to love people in practical ways.”

Preparing for One More:

Serve someone today without expecting anything in return.

Day 13 — Listening Well

Know this, my beloved brothers: let every person be quick to hear, slow to speak, slow to anger; James 1:19

We often think sharing faith starts with talking, but it usually starts with listening. When we slow down and hear people’s stories, struggles, and questions, we reflect the patience of Jesus.

Pray:

“Help me listen more than I speak.”

Preparing for One More:

Ask someone a meaningful question — and really listen.

Day 14 — Watching for Open Doors

Walk in wisdom toward outsiders, making the best use of the time. Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person. Colossians 4:5-6

God is already at work in people's lives. Our role is to walk wisely and recognize moments He prepares. Gospel conversations are often more natural than we expect when we are paying attention.

Pray:

"Help me recognize opportunities You give."

Preparing for One More:

Look for one moment today where you can encourage someone spiritually.

WEEK 3 — GOD, USE ME

Day 15 — Taking a Step of Faith

*Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit... **Matthew 28:19***

The mission of Jesus has not changed. He still calls His followers to go, to speak, and to invite others to follow Him. Faith grows when we take small steps of obedience.

Pray:

“Help me act when You prompt me.”

Preparing for One More:

Initiate a conversation instead of waiting for one.

Day 16 — Extend the Invitation

*And the master said to the servant, ‘Go out to the highways and hedges and compel people to come in, that my house may be filled. **Luke 14:23***

Invitations matter. Many people are more open than we assume — they are just waiting to be asked. A simple, sincere invitation can be the turning point in someone’s life.

Pray:

“Lead me to invite someone who needs hope.”

Preparing for One More:

Invite someone to Easter at Fultondale First.

Day 17 — Trust God With the Outcome

I planted, Apollos watered, but God gave the growth. 1 Corinthians 3:6

We are responsible for faithfulness, not results. God is the one who changes hearts. This frees us from pressure and allows us to simply obey.

Pray:

“Help me trust You with what I cannot control.”

Preparing for One More:

Release expectations and focus on being faithful.

Day 18 — Let Go of Fear

...for God gave us a spirit not of fear but of power and love and self-control. 2 Timothy 1:7

Fear often keeps us silent — fear of awkwardness, rejection, or saying the wrong thing. But God gives courage rooted in His presence, not our confidence.

Pray:

“Lord, replace my fear with faith.”

Preparing for One More:

Do the thing you’ve been hesitant to do.

Day 19 — Pray for God to Move

Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us... Ephesians 3:20

Only God can change lives. As Easter approaches, we ask Him to do what only He can — draw people, open hearts, and transform families.

Pray:

Ask God to move powerfully in our Easter gathering.

Preparing for One More:

Pray specifically for the person you invited.

Day 20 — The One Who Is Far Away

*What man of you, having a hundred sheep, if he has lost one of them, does not leave the ninety-nine in the open country, and go after the one that is lost, until he finds it? **Luke 15:4***

Jesus told stories about pursuing the one who is lost because that reflects His heart. God is still pursuing One More. These 21 days have been about aligning ourselves with that same mission.

Pray:

Lift up the person in your life who seems farthest from God.

Preparing for One More:

Reach out with encouragement, not pressure.

Day 21 — Expect God to Work

*Then Joshua said to the people, "Consecrate yourselves, for tomorrow the Lord will do wonders among you." **Joshua 3:5***

God often moves when His people prepare themselves in faith. We finish these 21 days not just hoping, but expecting Him to work in ways we cannot yet see.

Pray:

"God, I trust You to change lives — including mine."

Preparing for One More:

Come into Easter praying, watching, and ready to welcome whoever God brings.

Closing Prayer

Father,

We have made room for You.

We have listened, prayed, and stepped forward in faith.

Now we trust You to do what only You can do.

Draw people to Yourself.

Change lives.

Let us see one more come to know Jesus.

Amen.